

**NORTHWEST BASKETBALL ASSOCIATION
(NWBA)
2010 GIRLS RULES & REGULATIONS**

GAME RULES

I. LEAGUE ORGANIZATION, AFFILIATION & PLAYER ELIGIBILITY

A. LEAGUE ORGANIZATION: The NWBA shall consist of eight leagues divided into age groups as follows:

3rd Grade (8 & under) – Born on or after July 1, 2001.

4th Grade (9 & under) - Born on or after July 1, 2000.

5th Grade (10 & under) - Born on or after July 1, 1999.

6th Grade (11 & under) - Born on or after July 1, 1998.

7th Grade (12 & under) - Born on or after July 1, 1997.

8th Grade (13 & under) - Born on or after July 1, 1996.

Open – **Must be active students enrolled in High School.**

B. PLAYER ELIGIBILITY: Player(s) age eligibility will be based on their age as of July 1, 2010. **Players cannot play for more than one (1) sanctioned NWBA team in the 8U, 9U, 10U, 11U & 12U age divisions. Players in the 13U & Open divisions may play on more than one team so long as those teams are in different divisions.**

II. COACHES' CONTRACT & CODE OF ETHICS

A. In order to coach in the NWBA any coach must support the purposes of the NWBA and must abide by the rules of the Commission. No coach will intentionally take steps to prevent a badly beaten team from scoring. This will be considered unethical and could be grounds for suspension from the league games. The aforementioned factors will become known as a CODE OF EHTICS.

III. TEAM & INDIVIDUAL PLAYER RULES

A TEAM ROSTERS:

- 1) No team shall have a roster of more than fifteen (15) players but must maintain a minimum of eight (8) players. Their roster shall include the players name, telephone number, date of birth and uniform number. Only players on the official roster will be allowed to play.
- 2) Any change(s) to an approved roster must be approved by the Commission.
- 3) If players are found to be illegal (too old, etc.) the coach of her team and the player will be suspended from play for the following year and all games that the illegal player participated in will be forfeited.

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- 4) If a player is ejected from a game due to her action, she will be automatically suspended from the team's next regularly scheduled game (including post-season play). Notification by the gym coordinator must be done to the league secretary.
- 5) A player transferring from one team to another, after the team roster has been approved, must have the consent of all **HEAD** coaches involved and the approval of the Commission.
- 6) After the roster has been approved by the Commission, player(s) may be added to a team roster but only after player Add-On cards have been properly filed with the Commission. After the first (1st) Saturday in October special Commission consent must be obtained for player addition(s).
- 7) Each team is required to have reversible jerseys with numbers on front and back on both sides. If you do not have reversible jerseys, you must carry target jerseys at all times.

IV. SCHOLASTIC EMPHASIS

- A. Players should maintain, at a minimum, an average scholastic record. It will be each coach's responsibility to see that this policy be an important factor.

V. COACH(S) RESPONSIBILITIES

A. SPORTSMANSHIP AND GAME CONDUCT:

Full court pressing is allowed in the 9 thru Open divisions. Should a team achieve a lead of 20 points or more, pressing is prohibited, except in the Open division. Failure to comply with this rule will result in a two-shot foul with the losing team awarded the ball after the free-throws. These assessed fouls will count towards the teams' total fouls, but will not be considered a technical foul. In addition coaches will be responsible for verifying team rosters and line up prior to each game.

B. EJECTION FROM A GAME:

If a coach is ejected from a game because of two (2) technical fouls or abusive conduct, the coach will serve an automatic one-game suspension (including pre-season, regular or post-season play). It will be the decision of the referees or gym coordinators whether or not the coach has to vacate the premises. If a coach is ejected from two (2) games during a season, the coach will be suspended for the remainder of the season, including post-season play. Reinstatement for the following season shall be voted on by the Commission.

VI. SEASON / PLAYING RULES / EQUIPMENT RULES / OSSAA RULES

- A. The official playing season shall be August through November of each year.
- B. Each team will play at least one officially scheduled game against each team in their division.

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- C. There shall be no play-off games to decide league championships unless authorized by the Commission.
- D. The official rules of the NWBA will be the adopted and in use rules by the Oklahoma Secondary Schools Activities Association (OSSAA) except as amended by the NWBA.
- E. The game ball shall be the regulation Women's ball for the age divisions 9 through Open. The age division 8 & under will use the Junior Ball. Each team shall provide warm-up balls. It is the responsibility of the coach to secure all balls prior to each half.
- F. Lane violations for the 8 & Under and 9 & Under age divisions will be five (5) seconds. All other age groups will play the three (3) second violation.
- G. The free throw line for the 8 & Under and 9 & Under age divisions will be the front edge of the free throw circle but the lane remains the same, as in the other age groups.
- H. **League games will consist of two 20 minute halves with a running clock except in the last two minutes of each half for ALL age groups.** The clock will not stop except by a timeout or an official timeout. All divisions will have a five minute intermission. Each team will be allowed four (4) full time outs per game (No 30 second timeouts allowed). The clock will continue to run, non-stop, if there is a fifteen (15) point lead or more for ALL age divisions except during a timeout or an official's timeout.
- I. Tie games will be decided by not more than two (2) two-minute quarters. If a game is still tied at the end of the second overtime, the game will be decided by the five (5) players for each team who were on the floor, by shooting free throws alternately until all five players from each team have attempted one free throw, or it is determined that the apparent losing team cannot possibly overcome the free throw advantage of the apparent winning team. After each set of alternate free throws have been completed, the team successfully completing the highest number will be declared the winner. If, after any full set of alternating free throws (10 maximum) the score remains tied, subsequent sets will be attempted until one team outscores the other team.
- J. Game officials for all league games shall be certified by the OSSAA or approved by the Commission. Referees will be assigned by the administrative of referees who have been appointed by the Commission. All league games shall be officiated by two (2) referees, unless only one referee is available. Reasonable attempts will be made to assure two (2) referees.
- K. When same color jerseys are worn by opposing teams, the home team has the option who wears the target jerseys.
- L. Full court pressing is prohibited in the 8 & Under age group. Half court pressing is permitted. Each time the ball remains in play or is put-in-play by a throw-in from out of bounds, rebound, or turnover; players on defense must retreat to and remain in their own backcourt until the ball arrives

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in their backcourt. If the offense tries to immediately advance the ball after a rebound or steal from their backcourt, then the defense may press without falling back.

- 1) To clarify what constitutes the offense advancing, any time a ball is rebounded or stolen the player rebounding or stealing must hold the ball for the defense to fall back to their backcourt. If the rebounding or stealing player immediately dribbles or passes the ball it is considered advancement and the defense may press.
- 2) In order to eliminate confusion regarding this rule, the officials may withhold the ball from play until all defensive players are in their own backcourt.
- 3) A two shot foul may be assessed for each violation after sufficient warnings have been given. The assessment will count on the total team fouls.
- 4) There may be times in a close game when the no-press rule offers a distinct advantage to the offensive team. Through a combination of time outs and the 10 second count allotted to cross midcourt, an offensive team could use 40 to 50 seconds off the clock without crossing the midcourt line. This constitutes a deliberate stall by the offense and is not permitted. If the offensive team is inbounding or is to inbound the ball in their backcourt following a timeout (**any time during the game**) upon return to the court the ball must be inbounded in the offensive teams' frontcourt, near the half court line. If the offense either deliberately or inadvertently inboundes the ball into the backcourt, it will constitute a violation and the ball will be awarded to the defensive team.
- 5) Once a team gets 10 points ahead, the defensive players must pull back to the 3pt line.

M. If a game in progress is called because of inclement weather or for other valid reasons, the game may be re-scheduled by the Commission.

FORFEITURES

N. It shall be the responsibility of each coach to see that his/her team appears for each of its scheduled games. (Pre-season / League / Post-season). Failure to appear will result in forfeiture of the game. If any team is not on the court and ready to play ten (10) minutes after scheduled starting time, the official may forfeit the game. In the event of forfeiture, a fee of \$50.00 will be paid to the individual organization where the game was scheduled. **There will be no rescheduling of games because of a teams' failure to appear at the scheduled game. The team failing to appear will take the loss.**

RESCHEDULING

O. Rescheduling of a game can be done **PRIOR** to the originally scheduled game time. Any schedule changes will be done by coaches. Once a schedule has been changed and approved by all coaches involved, you must notify the coordinator of the gym involved by Wednesday before the game

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- 1) If any holes are created in a gym's schedule by these changes, then the \$50 forfeit fee applies.
- P. Games may begin playing even if one team has four (4) players. No **official** game shall be played if one team has less than four. The two teams may play the game if both coaches and the gym coordinator agree.
- Q. A maximum of six players including the free-thrower shall be permitted on the lane. All others shall be behind the free-throw line extended and behind the three point line. The bottom two spaces closest to the basket have been eliminated for use. Players may enter the lane upon contact of the ball by the rim. (Exception to this rule will be the 8 year old divisions). They will use the bottom two lane spaces because their free-throw line is closer to the basket. They will still only be allowed six total players on the lane including the free-thrower.

VII. MISCELLANEOUS

- A. Teams will be rated by the Commission for placement in divisions for the purpose of establishing competitive league play in each age group. The decision of the Commission is final.

VIII. GYM RULES

- A. Team standings and score will be posted online.
- B. Home team is listed first on the schedule.
- C. It is the coach's responsibility to check the official scorebook for correctness in the roster and uniform numbers (Before each game).